



Cancellation Policy



Before you take any 'In The Bag' sessions, please read through our cancellation policy...

- If you are unable to make a session, Please contact your instructor by phone. We ask you to show consideration and give your instructor a minimum of 24 hours' notice.
- Please be aware that it may not always be possible to re-arrange an appointment that week. It is advised to keep to your scheduled sessions so you can keep your routine, and stay on track with your goals.
- Cancellations less than 24 hours from planned session time will result in you being charged for that session.
- 'In The Bag' will endeavour to give our clients as much notice as possible should any sessions need to be rescheduled.
- If for any reason you are late for your session, it will still have to finish at the scheduled time.
- All purchased block training sessions must be used within time stated for that package; failing to do so will result in expiration of the remaining sessions.
- Payment is required in advance for all sessions. If for any reason you are not satisfied with 'In The Bag' within your first 3 sessions, we are happy to offer money back guarantee on any remaining pre-paid block training sessions.